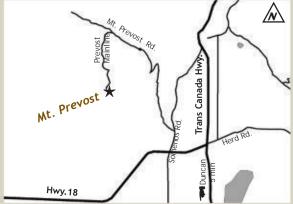
#### Welcome to Mount Prevost

MOUNT Prevost is the mountain to the northwest of Duncan that has the distinctive skyline with the two rock bluffs. On top of the highest north bluff is a war memorial that can be seen from far away.



### **Directions**

FROM the Trans Canada Highway turn west onto Highway 18. Drive 0.7 kilometres, then turn north onto Somenos Rd., drive another 0.7 kilometres then turn northwest onto Mt. Prevost Rd. which turns into gravel after 0.5 kilometres. To reach the Mt. Prevost summit drive for 8 kilometres (20 minutes) along this road and the Prevost Mainline. The roads are passable in good weather by 2WD

vehicle, but high clearance is recommended.

## **Key Features**

THE views from the twin peaks of the Mt. Prevost summit are well worth the drive and hike. Visitors can see the entire Cowichan Valley and the Gulf Islands. In spring there are many wildflowers in the 45 hectare wilderness park at the summit.

ON the summit's southern bluff is a windsock and a short concrete path leading into nowhere. This is a launch site for hang gliders who swoop around the mountain then land in the fields below.



The war memorial on Mt.
Prevost, dedicated in 1929.
Originally there was a gas
beacon on the top of the column.

### Code of Ethics

SHARE the mountain. The Municipal Forest is used by walkers, hikers, mountain bikers and horseback riders.
RESPECT the rights of other trail users and the adjoining land owners.

USE designated public access points. Never leave vehicles blocking adjacent properties or trail routes.

FLOWERS, trees, plants and even rocks are part of the natural environment. Please leave natural resources where you find them.

## Cowichan First Nation Legends

MOUNT Prevost plays a part in the story of the beginning of the Cowichan First Nations. During the Great Flood one man took refuge on top of Swuqus or Swukas (Prevost) while all the others died. In Sooke there were two women who also stayed on high ground to escape the waters. When the waters receded they moved up island and found the lone Cowichan man. These three people are the ancestors of the Cowichan tribe.

# Safety First

ENJOY your visit, but remember forestry activities are ongoing and heavy equipment can be on the roads at any time. Drive with your lights on. Give way to heavy equipment. Do not enter the forest when the fire hazard rating is extreme. Check with the municipality for woods closures. Open fires are not allowed in the Municipal Forest. Parking is limited. Avoid leaving valuables in your vehicle.

USE of roads, trails, parking lots, structures and other facilities in the Municipal Forest and surrounding areas may result in personal injury, loss or damage to property. By using them you assume all risks of personal injury, loss or damage to property. These trails are recommended for

experienced hikers only.

THE summit bluffs on Mt. Prevost are not marked and are dangerous. Keep well back from the edge and never allow children to explore the bluffs unattended.

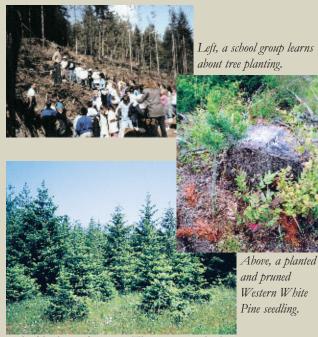
USE common sense, go with a friend, let someone responsible know where you are going.

Kinnikinnick (Arctostaphylos uvaursi) on the summit bluffs.



# The Forest Page

THE Municipal Forest was established in 1946 by an act of Municipal Council. Since then it has grown to 5,000 hectares, and covers one quarter of the area of North Cowichan. As well as providing jobs and income to the municipality, the forest also provides public information and education through news releases, tours and displays.



A healthy forest plantation. These trees are third growth.

### Management

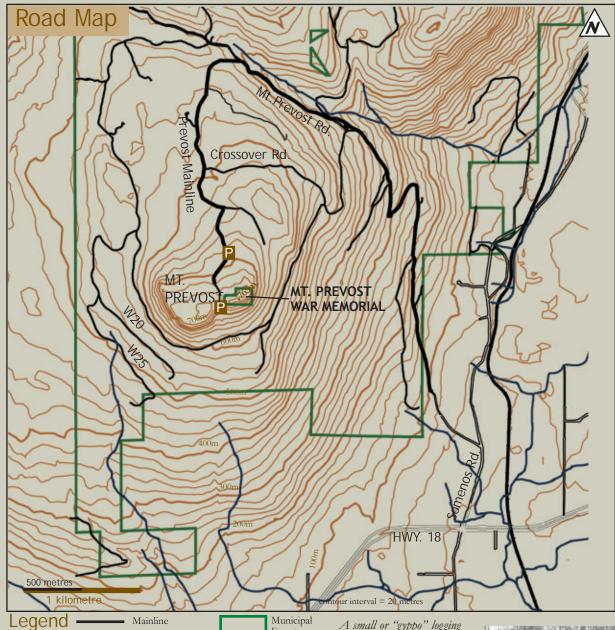
THE Municipal Forest has been managed intensively since 1982. By 2003, a total of 1,140 hectares had been logged and reforested with 1.35 million tree seedlings. About 70% of the trees planted are Douglas-fir and the remaining 30% is evenly divided between western red cedar, grand fir and western white pine.

### For More Information

IF you have any questions or need more information, please contact the Municipality of North Cowichan.

**25**0-746-3100

www.northcowichan.bc.ca



### Visitor Information

THE mountain is open all year except during periods of high fire hazard. Some of the roads have gates and these may be closed at certain times. There are many trails on the mountain, but none were built or are maintained by North Cowichan. Use these trails at your own risk.

A small or "gyppo" logging operation on Mt. Prevost. small operators like these were common in the 1920s to 1940s. This crew worked for the Evans family. The truck ran on wooden tracks so that they could haul logs even when the roads were muddy.



# Guide to: Mount Prevost



